

Weekly Reflection

Week 4 | 28 Jan to 1 Feb 2019



Apricot Cake

Veerpal was kind enough to bring a whole bag of apricots, fresh from her tree, this week. We decided to turn some into an upside down cake. Some children took turns cutting the apricots into slices while the others prepared the cake batter by measuring out the ingredients and mixing them together. Children explored measurement, fine motor skills, culinary and safety skills as well as discuss healthy foods.



Sensory Walk

To re-engage with all the sensory experiences conducted over the past three weeks, educators prepared a sensory walk. This experience allowed children to 'feel' different textures with their feet, including slime, sand and water. Children were supported to walk into each bucket where they were asked to feel and describe what they were standing in. This activity engaged children in cognitive thinking as they had to use describing world and consider the texture of each element.



Paratha and Dip

To continue exploring children's cooking interests and celebrate our cultural diversity, Rupinder demonstrated how to make paratha. Children were encouraged to roll out a piece of dough that was then dry fried to create a fluffy, soft, pita like bread. Children enjoyed these with some fresh yogurt, exploring and developing a respect for different cultures and their food.



Self Help Skills

Children have been encouraged to support educators during meal times by cleaning up after themselves and washing their dishes after each meal. Educators role-modelled how to scrap and clean their bowls, supporting the children to do the same. This activity supports children to become independent as well as develop a sense of belonging to the environment. We will continue to support children build their independence throughout the year.



Little Sports Heroes

Little Sports Heroes began this week with some welcome exercises and activities. Children develop gross motor skills, hand eye co-ordination and social skills as they engage in this program.

Links to VEYLF

- Outcome 1: Children have a strong sense of identity
- Outcome 2: Children are connected with and contribute to their world
- Outcome 3: Children have a strong sense of wellbeing
- Outcome 4: Children are confident and involved learners
- Outcome 5: Children are effective communicators

Moving Forward

- Mon – Learning hub
- Tue – Chinese New Year
- Wed – Identity - Interests and faces
- Thur – Planting
- Fri - ELLA

Parent Input